

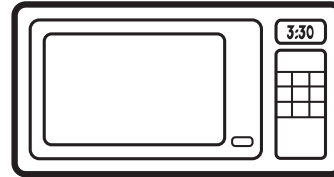
3 SIMPLE STEPS TO MAKE A HEALTHY SNACK

1. POUR



For a full bowl of popcorn - fill the centre cup of the silicone base level to the top with popping corn. Place lid on container and open vent button.

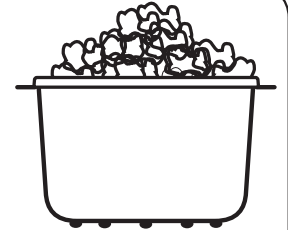
2. POP



Set microwave on HIGH and cook for 3 minutes and 30 seconds*. (Based on cooking time for 1000W microwave).

NO OIL REQUIRED

3. ENJOY!



Remove container using the safe-hold™ handles and open lid carefully. ENJOY straight from the bowl!

**TIP: ADD FLAVOUR AFTER
POPPING AND SHAKE.**

WARNING: DO NOT LEAVE MICROWAVE UNATTENDED WHEN COOKING.

*Cooking time varies depending on your microwave. Stop microwave when popping begins to slow down to 2 or 3 pops a second. Above time is a guide only. Do not overcook. Note:- Some kernels will remain unpopped. © 2014